## Second Saturday

## WHAT WOMEN NEED TO KNOW ABOUT DIVORCE

This **FREE** workshop is designed to help women take the next step, no matter where they are in the process of untying the knot.

With the guidance of trained professionals, Second Saturday deals with the legal, financial, and family and personal issues of divorce in a logical, yet compassionate way.

### Held the Second Saturday of Every Month ~ 8:15 am - 12:30 pm Emmet O'Neal Library 50 Oak Street, Mountain Brook, AL 35213

#### Schedule of Events:

8:15-8:30 – Registration

#### 8:30-9:30 - Family Issues - presented by a mental health professional

- Effects of divorce on children
- Communication Issues, including dealing with a hostile spouse
- Rebuilding self-esteem and the emotional aspects of transition

#### 9:45-10:45 – Legal issues - presented by a divorce attorney

- The divorce process and legal fees
- Protecting yourself legally and financially
- Child custody; child and spousal support
- Avoiding divorce court
  - Mediated divorce
  - Non-contested divorce

#### 11:00-12:00 – Financial Issues - presented by a financial advisor

- Preparing for divorce gathering data
- Dividing property separate vs. marital, property, career assets, retirement assets, and debt
- The tax consequences of divorce

#### 12:00-12:30 – Questions and Answers

#### For more information or to RSVP, please call or email:

Donna Cates, Financial Advisor/Certified Divorce Financial Analyst (CDFA) • 205.298.7446 • donna\_cates@ml.com

#### **Rotating Professional Panel:**

**Domestic Law Attorneys:** Frannie Horn, Jessica Kirk Drennan, Karen McClure, Denise Pomeroy, Denise Wiginton **Mental Health Professionals:** Barbara Bernstein, Linda Levin, Laili Markert, Joyce McKay, Grace Reed

## WHAT WOMEN NEED TO KNOW ABOUT DIVORCE

# Second Saturday Workshop You are not alone.

SECOND SATURDAY provides an invaluable service for every woman facing the complexities of divorce. This workshop is designed to help women take the next step, at any stage, in the process of untying the knot.

SECOND SATURDAY deals with the legal, financial, family, and personal issues of divorce in a logical, yet compassionate way. With the guidance of trained professionals, workshop participants gain a greater understanding of the confusing divorce process.

SECOND SATURDAY is an excellent supplement to professional advice. You will learn what to expect and how to prepare for meetings with your attorney.

SECOND SATURDAY will give you the basic knowledge you need to choose and deal with these professionals, saving time, money, and frustration.

SECOND SATURDAY will help you discover the community resources you need to get through this difficult time. Workshop participants can share their experiences with others like themselves and gain strength from each other.

Many people struggle with indecision. SECOND SATURDAY provides unbiased information to help you explore your options; deal with quilt, anger, and grief, and move forward with your life.

SECOND SATURDAY is a community service open to everyone who wants to learn more about the process of divorce. It is held the SECOND SATURDAY of each month at the Emmet O'Neal Library

RESERVATIONS can be made by phone or email at 205.298.7446 • donna\_cates@ml.com

#### **REMAINING 2010 WORKSHOP DATES**

Jun 12<sup>th</sup> Jul 10<sup>th</sup> Aug 14<sup>th</sup> Sep 11<sup>th</sup> Oct 9<sup>th</sup> Nov 13<sup>th</sup> Dec 11th